

Rancho Ride Routes 8-2017

Route #1 - Lake Wohlford Loop

<https://ridewithgps.com/routes/23830082>

Bear Valley road to Valley Parkway East and up Lake Wohlford Grade, left on Woods Valley, to Valley Center East. Left on Lilac, West Lilac, **(Food stop at the AM PM in Bonsall)**, Camino Del Rey Eastbound to Old 395 South past Lawrence Welk Resort into Escondido. **(54.3 miles, 3209 Feet Elevation Gain/ Loss).**

Long ride turns left on 395 heading north to Rainbow and returns via Fallbrook.

Route #2 - Fallbrook Loop

<https://ridewithgps.com/routes/23831669>

Bear Valley to Jesmond Dene and then North on Hwy 395 across 76 **(Food stop at the Pala Mesa market)**, through Pala Resort, up Ranger returning via Live Oak and Green Canyon to San Luis Rey to Hwy 395 South to Escondido. **(59.3 miles, 3698 Feet Elevation Gain/ Loss).**

Long ride breaks off at Ranger and heads into DeLuz and back via Rancho California, Rainbow and Fallbrook.

Route #3 - Cole Grade Loop

<https://ridewithgps.com/routes/23831983>

Escondido to Lake Wohlford Road to Valley Center Road to Rincon Casino **(Food stop at the 7-11 by the casino)**. Left on Hwy 76, then left on Cole Grade Rd. Return via Woods Valley heading east to Wohlford **(50.2 Miles, 3612 Feet Elevation Gain/ Loss).**

Long ride breaks off in Rincon, takes 76 to Mesa Grande, Santa Ysabel, Ramona and back down Highland Valley.

Route #4 - Sleeping Indian Loop

<https://ridewithgps.com/routes/23832662>

Bear Valley to Jesmond to North Hwy 395 to Gopher Canyon. Right on Little Gopher to Old River Rd. Left onto 76 West to North River Road. Right onto Sleeping Indian to Burma. Right onto Olive Hill. **(Food stop at AM PM in Bonsall)**. Back via Camino Del Rey East to Old Hwy 395 South to Escondido via Centre City. **(58.6 miles, 3440 Feet Elevation Gain/ Loss)**.

Long ride breaks off at Olive Hill, loops through Fallbrook to Rice, Courser and back.

Route#5 - Couser Canyon Loop

<https://ridewithgps.com/routes/23833022>

Bear Valley to Jesmond Dene, then North on old 395 to Rainbow, **(Food stop at the Rainbow market)**. South on Rice Canyon to Couser Canyon to Lilac, West Lilac, Circle R. Left on Old Hwy 395, South to Escondido via Centre City **(63.5 miles, 4918 Feet Elevation Gain/ Loss)**.

Long ride goes breaks off at Lilac Road to Valley Center, VC loop and back via Wohlford.

Route #6 - Short Coast Loop

<https://ridewithgps.com/routes/23836960>

I 15 bridge to W. Bernardo, Bernardo Road, Camino del Sur, Artesian, Zumaque, Las Colinas, Via De Santa Fe, San Dieguito Road, Camino Del Sur to 56 bike path to Coast Highway **(Food stop on 101)**. Turn right onto Chesterfield, San Elijo, Manchester, and Rancho Santa Fe to Del Dios back Via Rancho **(55 miles, 3300 Feet Elevation Gain/ Loss)**.

Long ride continues up Del Dios to Country Club, Barham, Twin Oaks to Gopher and back 395 to Centre City.

Route #7 - Ramona Loop

<https://ridewithgps.com/routes/23837434>

Highland Valley to Dye East through Ramona to Old Julian highway out and back. **(Food stop in Ramona, after the out and back)**. Return via Dye Road to 67 to Scripps Poway Parkway West to Community Road to Espola Road North to Rancho Bernardo, right on Pomerado and back to North County Fair **(68 miles, 4775 Feet Elevation Gain/ Loss)**.

Long ride continues onto Santa Ysabel, Mesa Grande 76 Cole Grade to Lake Wohlford.

Route #8 - Circle R to Chicken Ranch

<https://ridewithgps.com/routes/23837891>

Bear Valley to Jesmond Dene to Circle R, Left on West Lilac to Bonsall. **(Food stop in Bonsall at AM PM)** Old River Road, left on Little Gopher, Left on Gopher then right on Twin Oaks to San Marcos, left on Barham and back via Country Club, Via Rancho to Escondido **(55 miles, 3664 Feet Elevation Gain/ Loss)**.

Long ride heads into Fallbrook after the food break and does a Fallbrook loop.

Route #9 - Southern Loop

<https://ridewithgps.com/routes/23838541>

I 15 bridge to W. Bernardo, Bernardo Center/Carmel Valley, Camino del Sur, San Dieguito, Camino Real, Via de la Valle, El Camino/La Noria, **(Food stop at the Mobil station in San Elijo)**, La Bajada/El Mirlo, Fortuna, Camino del Norte, Rancho Santa Fe, San Elijo, Elfin Forest, Harmony Grove, Citricado, Via Rancho **(45 miles, 3560 Feet Elevation Gain/ Loss)**.

Long ride breaks off in San Elijo Hills and heads north for a Fallbrook loop (85 miles).

Route #10 - Fallbrook Loop Reversed

<https://ridewithgps.com/routes/23839023>

Bear Valley to Jesmond Dene and then North on Hwy 395, left on Camino Del Rey to Hwy 76 East. Left on Mission, right onto Green Canyon Rd, right onto Reche, left on Live Oak, right on Mission, right on Ranger Rd, to Tecalote/ Pala Resort **(Food stop at the Pala Mesa market)** and back Old Hwy 395 to Escondido **(59.2 miles, 3708 Feet Elevation Gain/ Loss)**.

Long ride breaks off at the top of Live Oak and heads into De Luz, Temecula and back via Rice, Couser through Valley Center and down Wohlford.

Route #11 – Old Castle/ Couser Canyon/ Valley Center

<https://ridewithgps.com/routes/23839562>

Bear Valley to Jesmond Dene to Old 395 North, right on Old Castle, left on Lilac, Left on Couser Canyon. Left on Hwy 76 West. **(Food stop at the Mobil station on 76 and 15)**, south on Old Hwy 395 left on West Lilac to Lilac into Valley Center, Left onto Vesper, Right on Sunset, Left Valley Center, Right Lake Wohlford, Bear Valley **(66.8 miles, 4730 Feet Elevation Gain/ Loss)**.

Long ride breaks off at Couser continuing to Rice to Rainbow, Temecula up Rancho California, through De Luz via Sandia back through Fallbrook, Camino Del Rey 395 to Centre City.

Route #12 – Long Coast Loop

<https://ridewithgps.com/routes/23877775>

I 15 bridge to W. Bernardo, Bernardo, Camino del Sur, 56 Bike Path to Coast 101 North to Oceanside, **(Food stop on 101)**, 76 Bike Path, N. Santa Fe Ave South, Left Monte Vista, Left Buena Creek, Twin Oaks, Barham, Country Club, Via Rancho **(72.3 miles, 3305 Feet Elevation Gain/ Loss)**.

Long ride takes Twin Oaks North to Bonsall and does a Fallbrook loop (95 miles).

Route # 13 - San Luis Rey Race Course Loop

<https://ridewithgps.com/routes/23914316>

Bear Valley to Jesmond Dene, to Hwy 395 left on Camino Del Rey right on West Lilac, up across Hwy 15 to Circle R **(Food stop at the Camp grounds on 395)**, to Old 395 South to Escondido **(50 miles, 2995 Feet Elevation Gain/ Loss)**.

Long ride turns right onto 395, heads North towards Rainbow, Temecula, De Luz, Fallbrook and back via Camino Del Rey to 395 (100 miles).

Route #14 – Old Castle - Bonsall - Chicken Ranch

<https://ridewithgps.com/routes/23914473>

Bear Valley to Jesmond Dene to Old 395 North, Right Old Castle, Left Lilac, Left West Lilac **(Food stop at the AM/PM in Bonsall)**, Old River Road South, Left Little Gopher, Left Gopher Canyon, Right on Twin Oaks to Deer Springs/San Marcos, left on Barham and back via Harmony Grove to Via Rancho to Escondido **(61.2 miles, 4010 Feet Elevation Gain/ Loss)**.

Long ride breaks off in Bonsall and does a Fallbrook loop (90 miles).

Route #15 - Short Wohlford Loop Reversed

<https://ridewithgps.com/routes/23915560>

Bear Valley to Jesmond Dene to Old 395 North, Right Circle R to Lilac up to Valley Center road, heading east. **(Food stop at the Country Junction Deli in Valley Center)**, Left onto Vesper, Right Sunset, right onto Lake Wohlford to Bear Valley and back to North County Fair **(47.7 miles, 2915 Feet Elevation Gain/ Loss)**.

Long ride continues down Rincon up the South Grade, down the East Grade and back via Mesa Grande, Santa Ysabel, Ramona and Highland Valley.

Route #16 – Rancho Santa Fe to Ramona

<https://ridewithgps.com/routes/23934090>

Via Rancho, Right on Bernardo Lane Back to Via Rancho, Left Lake Drive, Left Del Dios and into RSF. Left Via De La Valle, Left Via De Santa Fe, Left San Dieguito, Right Camino Del Sur, Left Carmel Valley, Right onto Black Mountain. Left onto Mercy. **(Food stop at Chevron on corner of Scripps Poway)**. Scripps Poway up the grade, left on 67. Left on Archie Moore, Left Highland Valley, Right Bandy Canyon, Left 78. Left Old Milky Way, Right onto San Pasqual. Left onto Old San Pasqual to Summit, Mary Lane and Bear Valley. **(59.3 miles, 5261 Feet Elevation Gain/ Loss)**.

Long ride continues on Old San Pasqual, to Lake Wohlford through Valley Center, Old Castle, 395. (85 miles).

Route #17 – Lake Wohlford Loop REVERSED

<https://ridewithgps.com/routes/23934178>

Bear Valley to Jesmond Dene. 395 North to Camino Del Rey. Right West Lilac, Left Lilac to Valley Center. **(Food stop at the Harvest Market/top of Lilac, in Valley Center)**. Right onto Valley Center road, left on Woods Valley, right onto Lake Wohlford and back via Bear Valley **(56.6 miles, 3310 Feet Elevation Gain/ Loss)**.

Long ride turns left onto Lilac, Couser, Rice, Temecula and back through DeLuz (100 miles).

Route #18 - Alta Vista Loop

<https://ridewithgps.com/routes/23945920>

Bear Valley to Jesmond Dene to Hwy 395 North. Left on Gopher Canyon, Right Little Gopher, Right Old River Road, left on Camino Del Rey, across Hwy 76 to Olive Hill. **(Food stop at the AM/PM in Bonsall)**, Olive Hill, Left Mission, Right on Stage Coach, right on Reche, right on Green Canyon, left on Winterhaven, left on Alta Vista, left on Via Monserate, right on Fallsbrae, right on Hillrise, left on Mission, Right 76, Left Camino del Rey East to Old Hwy 395 and South to Escondido **(61.3 miles, 3455 Feet Elevation Gain/ Loss)**.

Long ride breaks off at Stage Coach and heads into De Luz and returns via Temecula, Rainbow, Rice Couser, VC and Wohlford (100 miles).

Route #19 - All Saints Ride

<https://ridewithgps.com/routes/23951331>

Via Rancho Parkway, Right Bernardo Lane, then back to Via Rancho, Right W. Valley Parkway, Left Citracado, Left Harmony Grove to San Elijo, North on Twin Oaks Rd through San Marcos, **(Food stop at the 7-11 off of Twin Oaks in San Marcos)**, continue Left on Twin Oaks, Left Gopher Canyon West to Little Gopher, Right Old River Road, Left West Lilac up to Hwy 395, then South to Escondido on 395 **(57.3 miles, 4415 Feet Elevation Gain/ Loss)**.

Long ride breaks off by continuing on West Lilac to Couser, Rice, Rainbow, back via Fallbrook, Little Gopher, Gopher, Twin Oaks Harmony Grove to Via Rancho (85 miles).

Route #20 - Ramona Estates - Mussey Grade

<https://ridewithgps.com/routes/23951668>

South 15 to Highland Valley Road to Dye Road, Warnock Dr, Left Ran Vincente, Right on Hanson Ln, left Keyes, right Old Julian Highway, Vista Ramona to Ramona Estates, Right San Vincente Road. **(Food stop Country Wine and Spirits on San Vincente Road)** Left Warnock to Dye Road to Mussey Grade south (out and back) then Left on Hwy 67 south, Right Scripps Poway Parkway, Right Danielson, Right Community, Right twin Peaks, Left Espola and Right on Pomerado, back to North County Fair **(68.3 miles, 4762 Feet Elevation Gain/ Loss)**.

Long ride breaks off after Ramona Estates and heads towards Santa Ysabel, Mesa Grande, 76 to Rincon back via Wohlford (85 miles) or Santa Ysabel, Julian, Banner Grade S2/San Filipe, 79, 76, Rincon, Wohlford.

Route #21 -Wilt Your Legs

<https://ridewithgps.com/routes/23952079>

Bear Valley to Jesmond Dene, North on Hwy 395 across 76 (**Food stop at the Pala Mesa market**). Left onto Pala Mesa Road, Right onto Wilt, Left onto Reche, Left onto South Stage Coach, Left onto Mission, Right onto Olive Hill, Olive Hill turns into Burma. Left on Sleeping Indian, Left onto North River Rd. 76 East to Bonsall. Camino Del Rey to 395, then south to Escondido. (65 miles, 4510 Feet Elevation Gain/ Loss).

Long ride breaks off on Felicita and head towards Rancho Santa Fe, Fairbanks Ranch and Rancho Bernardo back to North County Fair (90 miles)

Route #22- Palomar Mountain

<https://ridewithgps.com/routes/23952226>

Bear Valley to Lake Wohlford, Right Valley Center Road to Rincon (**Food break at the 7-11 next to casino**). Right Highway 76, Left on South Grade up Palomar to Mother's. Down South Grade, out and back (63.5 miles, 7152 Feet Elevation Gain/ Loss).

Long ride continues down the East Grade to Mesa Grande, Santa Ysabel, Ramona, Highland Valley (100 miles) or to S2/San Filipe back via Banner, Julian, Santa Ysabel, Ramona, Highland Valley (120 miles).

Route #23- Up Scripps Poway Parkway/ Mussey Grade

<https://ridewithgps.com/routes/23966976>

I15 South to Pomerado Road South, Left Scripps Poway, left on Hwy 67. (**Food stop at Daniel's West in Ramona**). Right onto Mussey, out and back, 67 to Highland Valley, Right Bandy Canyon, Left to 76, Left Milky Way, Right San Pasqual, Left Old San Pasqual, Left Summit, Left Mary Lane, Left Bear Valley (57.2 miles, 4350 Feet Elevation Gain/ Loss).

Long ride turns right on Dye to Old Julian, Mesa Grande, 76 to Rincon and back via Wohlford (90 miles).

Route #24- Wavy Gravy Fallbrook

<https://ridewithgps.com/routes/23967355>

Bear Valley, Left Citrus, Left El Norte, Right North Broadway, Left Jesmond Dene, North Old 395, Left Camino Del Rey, **(Food stop at the Bonsall AM PM)**, Olive Hill, Left on Morrow Hills, Right onto Sleeping Indian, Continue on Burma, Continue on Olive Hill, Left Mission, Right S. Stage Coach, Right onto Brook, Left Winter Haven, left onto Green Canyon, left on Reche, Right onto S. Stage Coach, Right onto Gum Tree, left onto Live Oak, Right onto Ranger, Tecalote, Right 395 to Escondido. and back. **(67.1 miles, 4475 Feet Elevation Gain/ Loss)**.

Long ride continues to Rainbow from the top of Live Oak. Temecula, De Luz back through Fallbrook (105 miles).

Route #25- Udo's Loop

<https://ridewithgps.com/routes/23967732>

Via Rancho West. Right onto Bernardo Lane. Left onto Bernardo Ave. Right Via Rancho, Right W. Valley Parkway, Left Citricado, Left Elfin Forest. Right Twin Oaks North. **(Food stop at 7-11 in San Marcos)**. Bear left staying on Twin Oaks. Right onto Gopher. Left on 395 North to 76 East. Right Couser Canyon, right Lilac to Valley Center. Right onto S6/Valley Center Road. Left on Woods Valley, Right Lake Wohlford, Left Bear Valley back to NCF Mall **(65 miles, 5665 Feet Elevation Gain/ Loss)**.

Long Ride turns left onto S6/Valley Center Road, down Rincon and up Cole Grade to Fruitvale, Mac Tan, Sunset, Lake Wohlford (85 miles).

Route #26 - Old Castle - Couser - Rice Loop

<https://ridewithgps.com/routes/23967922>

Bear Valley, Left Citricado, Left El Norte, Right N. Broadway, Left Jesmond Dene, Right Old 395, Right Old Castle, Left Lilac, Left Couser Canyon, Left 76, Right RiceCanyon, Left 8th St, Right Rainbow Valley Blvd, Left 5th St. **(Food stop at the Rainbow market)**. Old 395 South to Centre City Parkway to NCF Mall. **(65 Miles, 5038 Feet Elevation Gain/ Loss)**

Long Ride Continues North after Food stop on old 395 into Temecula, Deluz, Back through Fallbrook, Bonsall, Old 395 to NCF

Route #27- Poway to Great Western Loop

<https://ridewithgps.com/routes/23968544>

START FROM TARGET SHOPPING CENTER POWAY. Twin Peaks East, Right Community, Left Stowe, Left Scripps Poway, Right 67, Left Vigilante, Left Willow, Left Ashwood, Left Lake Jennings Park, Left Olde Highway 80, Right Arnold Way, Right South Grade Road, Right Tavern, continue straight onto Dehesa, Right Lyons Valley. **(Food stop at mile 41 Lyon's Valley Trading Post)** Right Jamul Drive, Right Steele Canyon, Left Willow Glen, Right Jamacha, continue on Winter Garden Blvd, Right Woodside, Left Maine, 67 North, Right Willow, Left Vigilante (Same route backwards to ride Target shopping center). **(82.4 miles, 8270 Feet Elevation Gain/ Loss).**

Route #28 - Santa Ysabel-Pine Valley-Engineers

<https://ridewithgps.com/routes/23969045>

START FROM DUDLEY'S IN SANTA YSABEL. 78 towards Julian, Left Wynola, Right Farmer Road, Through Julian, Right 79, Left Sunrise Hwy, Right Old 80, Right 79, Left after Lake Cuyamac to Engineers Road, right Boulder Creek, Continue Eagle Peak Rd, Continue Pine Hills Rd, Left 78 to Santa Ysabel. **(Food stops at the Laguna store and Lake Cuyamaca).** <https://ridewithgps.com/routes/21593592> **(75 miles, 7320 Feet Elevation Gain/ Loss).**

Route #29 - A Taste of DeLuz

<https://ridewithgps.com/routes/23970026>

START FROM LAWRENCE WELK VILLAGE. Old 395 North, Rainbow, Temecula. Left Pechanga Parkway, Left Temecula Parkway. **(Food stop at Valero in Temecula).** Right Old Town Front St., Left Main St, Right Pujol, Right Felix Ave, Follow winding Road, Right Vincent Morgan Drive, Left Rancho California Road. Continue on DeLuz into Fallbrook, Mission Road, 76, Camino Del Rey to 395 South and back to NCF. **(59.5 miles, 4630 Feet Elevation Gain/ Loss).**

Route #30 - Ranchos Heat Wave Audible

<https://ridewithgps.com/routes/23973263>

Via rancho West, Right Bernardo Lane back to Via rancho, Right West valley Parkway, Left Citracado to Elfin Forest, San Elijo, Right Rancho Santa Fe, Left Melrose, Left Faraday, Left Cannon to Coast, **(Food Stop at 7-Eleven Encinitas)** South on Coast highway, Left Carmel

Valley Rd, 56 bike path East, Left Camino del Sur, Left Rancho Bernardo Road, left West Bernardo Road to NCF. **(59.6 miles, 3769 Feet Elevation Gain/ Loss)**.

All distances are from/ to the Ranchos starting point at North County Fair parking lot, in Escondido, CA with the exception of Routes 26, 27, and 28, which start at different locations.